Raising Boys By Design: What The Bible And Brain Science Reveal About What Your Son Needs To Thrive

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**Synopsis**

Your son was created for great things, but he needs your help to appreciate his unique male design and to grow into the strong, loving man God created him to be. Packed with doable strategies and eye-opening examples of what’s really going on inside a boy’s brain, Raising Boys by Design offers a practical blueprint to help you build a HERO—one who values Honor, Enterprise, Responsibility, and Originality. Among other things, you’ll learn how to help your son: strengthen his character, resilience, and self-discipline; nurture genuine compassion and empathy; process words and emotions in ways that fit his brain chemistry; succeed in school and hone crucial life skills; develop a healthy perspective of sexuality; avoid the pitfalls of media and technology; embark on a lifelong adventure of faith. This unique resource combines the latest research in brain science with timeless truths from the Bible to reveal the deepest needs shared by every boy of faith while also leading you to fresh insights for honoring the unique personality, talents, and God-given design of your son in particular. You can help your son thrive today as the hero he is meant to be when you learn the secrets of Raising Boys by Design.

**Book Information**

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**Customer Reviews**

As a mother of three boys, the title of this book immediately appealed to me. Knowing that good things rarely happen by chance, but develop more out of intentional actions, I am interested in any tool available that will help me build good Christian character in my sons. Although the Bible is the best source for this guidance, I also look to professionals who have studied far more than I have, to provide some additional guidance. Initially, I was actually slightly put off by the psychological and
scientific presence that this book is based on. I have not previously heard of either of these authors, and as a Christian I am very leery of both of these professions. However, as I read the book, I was reassured over and over that these two authors genuinely seek to build strong men based on Biblical principles, not worldly mandates. Often times the authors made sure to stress that the science behind the way boys tick, lines up with Biblical truths. They even took a firm perspective against some popular secular psychological and scientific beliefs. I really appreciate the topics that the authors highlight in the book. They covered topics such as differences between boys vs. girls, the importance and difference in maternal and paternal influence, building a HERO, character and self-discipline, emotional health, sexuality, school, technology, Christian manhood, and rites of passage. Thoughtful questions and prompts towards action accompany each chapter. I can see that this book highlights some of the most important aspects of developing an emotionally healthy, strong, young Christian man.

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