Bone: Dying Into Life (Compass)
Synopsis
On November 7, 1993, Marion Woodman was diagnosed with uterine cancer. Here, in journal form, is the story of her illness, her healing process, and her acceptance of life and death. Breathtakingly honest about the factors she feels contributed to her cancer, Woodman also explains how she drew upon every resource-physical and spiritual-available to her to come to terms with her illness. Dreams and imagery, self-reflection and body work, and both traditional and alternative medicine play distinctive roles in Woodman’s recovery. Her personal treasury of art, photographs, and quotations-from Dickinson to Blake to Rumi-embellish this unique chronicle of a very personal journey toward transformation.

Book Information
Series: Compass
Paperback: 272 pages
Publisher: Penguin Books; Reprint edition (December 1, 2001)
Language: English
ISBN-10: 0140196285
Product Dimensions: 5 x 0.6 x 8.2 inches
Shipping Weight: 7.8 ounces (View shipping rates and policies)
Average Customer Review: 4.6 out of 5 stars (See all reviews (10 customer reviews)
Best Sellers Rank: #152,835 in Books (See Top 100 in Books) #1 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Bone Cancer #470 in Books > Health, Fitness & Dieting > Women’s Health > General #1973 in Books > Biographies & Memoirs > Specific Groups > Women

Customer Reviews
Bone by Marion Woodman is the autobiography by a woman faced with death. Marion faced one of the scariest things anyone is ever faced with, cancer. She guides you with her day to day life in this terror. She was diagnosed with uterine cancer in November of 1993. Marion had worked her whole life trying to care for and manage a good and healthy well being. She wondered how could her body do this to her after everything she had done for it? Throughout the book Marion tries and connects with her body. By connecting to her body she believes she can free herself from cancer, even though she feels as if she doesn’t have cancer at all. Radiation therapy she considers as a toxin for her body. Radiation gives you burns, leaves you feeling weak, and with one miscalculation can
damage other organs leaving her with permanent damage. Even though Marion has her beliefs about radiation therapy she continues on with the treatment; she is able to eliminate the uterine cancer. Feeling free from this horrible disease she continues to live her life joyfully, and she reconnects with her body and soul. Later on she develops pain in her back when she walks. She is diagnosed with severe osteoporosis and osteoarthritis in her lower back. Marion’s scans also showed something else. Marion had a tumor on the inside of her sacrum. The doctor figures the cancer has metastasized, but it is too dangerous and impossible to biopsy the tumor to give them the results. Given this news Marion is only given a certain amount of time to live. She seeks the opinion of another doctor and he suspects it is not cancer. So Marion continues to struggle walking and moving, left with great pain, but insists on living her life, thankful she is alive. Bone is a fantastic book that showed me an insight of a cancer patient.