Five Conversations You Must Have With Your Daughter
From the cradle to college, tell your daughters the truth about life before they believe the culture’s lies. For mothers with girls newborn to eighteen, Five Conversations You Must Have with Your Daughter is simply a must-have book. Youth culture commentator Vicki Courtney helps moms pinpoint and prepare the discussions that should be ongoing in their daughters’ formative years. To fully address the dynamic social and spiritual issues and influencers at hand, several chapters are written for each of the conversations, which are:

1. You are more than the sum of your parts
2. Don’t be in such a hurry to grow up
3. Sex is great and worth the wait
4. It’s OK to dream about marriage and motherhood
5. Girls gone wild are a dime a dozen “dare to be virtuous”

The book is linked to online bonus features offering invaluable tips on having these conversations across the various stages of development: five and under, six to eleven, twelve and up.

**Book Information**

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**Customer Reviews**

This book is clearly intended for moms, but this dad learned a lot. I began reading this book on a plane during a business trip. Based on the title alone, no less than five flight attendants thanked me for reading it and expressed their wish that their fathers had read something similar. I was also approached by a couple of female passengers. None of my four flights passed without someone commenting on the book. Obviously, the topic of this book fills a need. The author is unabashedly Christian, but her information and guidance are applicable regardless of your religious tendencies. If you’re uncomfortable with Christianity, just mentally substitute "grandpa" for God and "Important
Psychology Textbook" for Bible, and you'll discover that it really is universal. The author espouses her ideals but is careful to explain that each family and each daughter are different, and that an overly strict "one size fits all" approach will not be successful. She also accepts that every parent is imperfect, having made their own mistakes while growing up (and likely continuing to make mistakes). She admits her own mistakes and is very open about the abortion she had as a young woman. Obviously, this is not a woman who would disown her daughter for pre-marital sex or teen pregnancy, but she recognizes these are not the goals. This book offers great information and guidance on ways to reduce their likelihood.

What opened my eyes the most was the information on the effect of media on little girls. When I look at a covermodel on a magazine, I think "Wow, she's hot." I generally take little notice of the men on magazine covers (sorry, I'm just a typical guy).

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