"What's Happening To Me?" A Guide To Puberty
**Synopsis**

Discusses the mental and physical changes that take place during puberty.

**Book Information**

Paperback: 188 pages  
Publisher: Lyle Stuart (August 1, 2000)  
Language: English  
ISBN-10: 0818403128  
Product Dimensions: 9.2 x 0.1 x 9.2 inches  
Shipping Weight: 5.6 ounces (View shipping rates and policies)  
Average Customer Review: 4.3 out of 5 stars  
Best Sellers Rank: #12,251 in Books (See Top 100 in Books)  
Growing Up & Facts of Life > Health > Maturing  
Age Range: 9 - 12 years  
Grade Level: 4 - 7

**Customer Reviews**

My parents read both this book and "Where did I come from?" to me when they were first published in the mid-seventies (I was born in 1970). I don’t remember feeling awkward or embarrassed about the books. I was at an age where everything was pre-sexual. I had no social hang-ups about my body parts. I remember very clearly starting elementary school about this time and I was able to understand what all the innuendos were about. Yes, sexual innuendos by many other children that couldn’t have been older than nine. I remember other kids laughing at the girl who really believed that children came from the cabbage patch! I remember one of my friends crying and running to her mother when she caught our friend Kenny using the toilet while standing up. She thought he had a horrible tumor. I never had any confusion about how the sexual process worked. I grew up with a healthy respect for abstinence and a deep understanding of what can really happen when one has intercourse early. I knew that one day I would have a menstrual cycle all my own and that it wasn’t really "a curse that women have to bear because they are they weaker vessel" as was said around my town. I remember the illustrations being fun and colorful. Language is used that is respectful, but not overtly sexual or enticing. They’re probably a little dated by now. Just now I was looking for these
books so I can buy them to read to my 2 ½ year old son. He already is able to understand the basic differences between men and women. He has a penis (he tells me) and Momma doesn’t. Momma has a vagina (although his pronunciation is a little shaky) and that’s where babies come out.

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