Recovering Life
Synopsis

If you could ask Darryl Strawberry one question, what would it be? Would you ask him about baseball? Substance abuse? The role of faith and prayer in his life? Family? Cancer? Fear? Failure? Courage?? Tough to decide? Plough makes it easy. We asked Darryl all the questions we could think of, and he gave us answers - simple, honest, and hard-hitting. But we didn’t stop there: we asked his wife, Charisse, to share her views as well. Think of this book as a conversation: a discourse between two people who’ve lived their entire shared lives in the spotlight, yet remain essentially ‘ordinary’ at heart. Whether you’re captivated by baseball or not, you’ll find yourself responding to the forthright nature of this book, which deals less with baseball than it does with issues such as battling cancer, addictions, and depression.

Book Information

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Shipping Weight: 1 pounds
Average Customer Review: 4.1 out of 5 stars Â See all reviews (10 customer reviews)
Best Sellers Rank: #3,641,606 in Books (See Top 100 in Books)  #96 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Colorectal  #2399 in Books > Biographies & Memoirs > Sports & Outdoors > Baseball  #2541 in Books > Biographies & Memoirs > Specific Groups > Special Needs

Customer Reviews

I AM DUMBFOUNDED AFTER READING THIS BOOK ABOUT ANOTHER VICTIM, THAT PEOPLE FEEL SORRY FOR HIM AFTER HE BROKE THE LAW MORE THAN ONCE. I AM SORRY ABOUT HIS CANCER BECAUSE NO ONE DESERVES THAT, BUT THIS MAN HAS HAD MANY CHANCES TO BE A GREAT ONE AND HE BLEW IT. FOR THAT, I AM NOT BUYING INTO THE SO-CALLED COURAGE THIS COUPLE HAS HAD TO ENDURE BECAUSE IT WAS OF HIS OWN DOING. LIKE BILL CLINTON, WE SHOULD ALL FORGIVE HIM WHILE HE GOES THROUGH HIS PROCESS. WHAT HAVE WE AS A NATION BECOME.
Knowing what was going on in this man's life, this book was a chance to make money and not a true reflection of what he was really doing in his life. This book and the dishonesty involved in telling this story was only the beginning of Darryl's dishonesty with his peers and the public but most of all with himself and those he was hurting. I can only hope and pray this family is finally getting honest, once and for all to save his life.

I've been a fan of Darryl's for years, and often I've wondered what it is that endears him to fans in spite of his oh-so-public failures. Reading this book answers my question. Darryl and his wonderful wife reveal the part of him that seldom gets reported: his heart and his sensitivity to other people. An excellent book, not only for sports fans but for anyone going through recovery from any kind of pain, addiction, or trauma.

This story is in no way diminished by the relapses that Strawberry deals with in life. The title is "Recovering Life" and "recovering" is an on-going process. Read the book, join the battle, root and pray for The Straw and all the rest who battle with addictions. The game isn't over until its over, (and I don't mean baseball).

I was surprised this book did not mention anything about baseball playing chickens.

Darryl's and Charisse Strawberry's book is a touching and true story of what a professional athlete has to deal with beyond the game. I played baseball with Straw in St. Paul when he was a Saint - trying to get back to the bigs, and I feel lucky to call him a friend. too many people are ready to judge a man from the outside without getting to know him on the inside. We all deserve a 2nd chance and even a 3rd and 4th chance sometimes... Recovering Life talks about the struggles, the defeats and the tiny victories along the way - for a husband and wife who truly shared love and conquered addiction... disease and depression... this is a great book by a good man.

Darryl and Charisse give an honest account of their life together. With all the pictures, it makes a great Christmas gift.

I bought this book as soon as I heard about it and when it came in the mail I too read it in one sitting. A riveting book about life and how complex it can be. The obstacles put before a person and the obstacles they put before themselves all have to be dealt with. It seems like Straw's struggles
will always be with him. But it is reassuring to know that he continues to battle. He has such a beautiful spiritual person by his side, Charisse, to walk with him in life and hold hands with in the most joyous of times and in the most trying. They seem to complement each other perfectly and I sincerely hope the peace that Straw so desperately longs for is attainable. I believe that it is and the perseverance that he and Charisse write about so eloquently in this book will help him to achieve all of his goals. This book is amazingly uplifting even as I found myself crying through parts of it. To read their most inner thoughts was very interesting and I enjoyed the format of the book very much. I highly recommend this book to everyone, especially those with issues in their life that they are struggling to overcome. One way or another we all can learn a lot from this book.

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