The Breuss Cancer Cure
Naturopathic practitioner Rudolf Breuss developed a 42-day juice fasting program to nourish the body but starve cancer. He also formulated variations for different kinds of cancer. Following his instructions exactly was crucial to success. Although fasting seems irrational when the body is wasting away, Breuss’ patients felt more alert and energetic as soon as they began the treatment. They continued to feel well throughout their fast. Throughout the book their many grateful letters testify to complete recoveries. This title also contains Breuss’ naturopathic and sometimes unusual treatment suggestions for a wide range of conditions from leukemia to rheumatism, infertility to cramps. His book reflects a lifetime of practice.

**Synopsis**

I held back for a very long time before coming back to rate this book. I have bought perhaps more than 10 copies of this book from . The first application was with a 70 year old lady. She weighed 49 kg before we started the program. She did the 42 days without food, and most of the juice was bottled as she was the first case, and we did not have the juice ingredients at first. Her tumor did shrink, turn dark, and produced an awful dying smell. I know this because one of her tumors was exterior, and observable. Pictures were taken of the tumor, and its progress. At the end of the program the lady weighed about 42 kg or slightly less. Her tumors returned when she was eating avocado daily. There is a lesson here that was only obvious later, but here is the lesson: The 42 days is not enough. Also a total fast is too much, especially for an already thin person. Even if the
tumors go away, and die, the liver needs about 1.5 years to renew. No one can stay on the Breuss treatment that long (I don’t think). Also, the experience of Dr. Max Gerson is far more substantial. His treatment is far more encompassing, and more a long term treatment that can be followed. I then tried the treatment myself for 21 days. I lost so much muscle which made me worry. That is why I did not continue for the full 42 days. I lost about ½ kg per day. That was welcome. It helped me stick to a vegetarian diet after that. A problem in this book is that this particular printing does not mention that you can drink water. Some of the patients that tried this diet dried out. There is another print of the Breuss Cancer Cure from Australia with Hilde Hemmes which does say one needs to drink a specific amount of water each day. It was easy to follow the program.

I own this specific book (The Breuss Cancer Cure, offered on ) in English, and I also own the Serbian translation of the original book (which was written in German). The original name of the book is "Krebs, Leukemie und andere scheinbar unheilbare Krankeiten mit natürlichen Mitteln heilbar" and the Serbian version has the more or less literally translated title "Cancer, Leukemia and other seemingly incurable illnesses curable in a natural way". The most important thing I noticed is that in the Serbian translation daily enemas are highlighted as being of utmost importance, and yet in this English version enemas are only mentioned on the side, in case of a prolonged constipation. The Serbian translation says that daily (and multiple!) enemas are crucial to the success of the therapy and that without them a person could die from internal poisoning because the therapy will release toxins that have been tucked away in different parts of the body. For something that important you’d expect it to be included in the book in big red letters, not omitted, and yet, as you can read in many reviews here, one of the main things that people find wrong with the "Breuss Cancer Cure" is that there are no daily enemas to help the cleansing process. I don’t know which translation is correct, I don’t speak German in order to check, but someone who does should definitely check out the latest German edition that came out while Breuss was alive and see what this is about - is this English version of the book a deliberate attempt of discrediting the therapy, is it simply a bad translation of someone who didn’t care but wanted to make everything seem easier and nicer so it would sell better (starting with the title) or if maybe the Serbian translation is incorrect in a good way.

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