Intimacy With Impotence: The Couple's Guide To Better Sex After Prostate Disease
Synopsis

Erectile dysfunction is a frequent consequence of prostate cancer and other prostate disease treatments. Though unwelcome and embarrassing, it doesn’t have to end a couple’s sex life. Both informative and practical, Intimacy with Impotence gives couples cause for hope. It discusses impotence in lay terms, provides information on the commercial therapies and medications both available and being researched now, and gives practical advice about lovemaking—from getting in the mood to commonsense suggestions to erection-less satisfaction. Written with complete honesty and compassion by a prostate cancer survivor and his wife, this is the essential resource for couples trying to reestablish intimacy and sex in the face of impotence.

Book Information

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Customer Reviews

With the more frequent and earlier detection and treatment of prostate cancer in men, the diminished sexual capacity that accompanies treatment for the disease is affecting an increasing number of people. The basic point of this book is: A couple’s love-life does not have to end with impotence or reduced sexual capacity. If a couple is determined to have a satisfying sex life in spite of physical limitations, this book will show them how. "Intimacy with Impotence" is written by a couple for couples. With a minimum of preaching it deals with the physical, emotional, and psychological challenges accompanying impotence and gives practical advice on overcoming them. As a survivor of prostate cancer disease myself, I can highly recommend this book.
This book not only covers all of the mechanical and pharmaceutical approaches to Erectile Dysfunction, but more importantly dwells on the social and psychological needs of the couple. Intimacy CAN be achieved with impotence, but NOT without love and understanding. This is well covered in the first half of the book. This book is a "must read" not only for Prostate Cancer patients, but also to those suffering sexual dysfunction from many other causes whether they be physical or psychological.

My husband is a physician and I am a marriage and family therapist. This book covers, in a reader friendly manner, the proverbial psycho social medical waterfront concerning erectile dysfunction. The most important message is that about penile rehabilitation, ( to be done with doctor’s approval ) to be practiced quite soon after recovery from surgery. Published in 2004, it has all the up to date information on both drug and other therapies. In our opinion, this book should be in the hands of every person considering prostate cancer surgery, so that they will be informed about what they need to do after follow up.

This book makes you aware of many things nobody told me would happen after I had PC Surgery. Your whole system changes and without help it is difficult to live a normal decent life with your spouse. I should have bought it immediately after surgery, 3 years ago, but didn't know about it until 2 months ago. We Survivors of PC should unite to help others with the tremendous resources like this book and many others. Read the book, it will get you back on the right track. Love life is not over after PC!!

My wife and I are in our 70s with children and grand-children. We have had a very happy marriage, but did not really talk alot about our sex life together. I had surgery 18 months ago for prostate cancer and afterwards experienced impotence. This book was immensely helpful in working through this problem. We read sections together and felt that we could have used it years ago. We have better communication now than we ever did.

I read this book to assist a friend that is trying to deal with his ED issues. He is single. I think that this book had addressed issues that are faced by married men as well as single men. I would like to see more books on this topic as it relates to single men because I believe that many single men believe that this limits their ability to have a fulfilling relationship with the opposite sex.
If you have suffered the effects of prostate cancer treatment and desire to regain the intimacy you once enjoyed with your wife or partner, this is a must read. I thought the intimacy in our relationship was gone forever, but with the help of this book and a patient and understanding partner, our love life is better than ever before. I know that is hard to believe, but it is true.

A required reading for couples experiencing and progressing through prostate cancer and the affects on a marriage. Good information and I love that it's written from the husband and wife's perspective...VERY helpful!

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