Manual Therapy For The Prostate

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Manual Therapy for the Prostate presents a comprehensive guide to the prostate that includes manual treatment procedures designed to resolve common prostate issues. Based on author Jean-Pierre Barral’s clinical practice and his innovative theory of visceral manipulation, the book provides a structured framework rooted in anatomy and physiology. By precisely applying manual techniques to the prostate and surrounding structures, practitioners can successfully treat prostate problems and help patients avoid surgical procedures or medication. Featuring detailed, full-color anatomy illustrations throughout, the book begins with a discussion of the anatomical structure and function of the prostate. Causes of prostate dysfunction are revealed, including predisposing factors such as age, ethnicity, stress level, diet, and tobacco and alcohol usage. The book explores the signs, symptoms, prevention, and allopathic treatments for disease and dysfunction of the prostate. Examination and manual treatment protocols, contraindications and precautions, and the various goals the practitioner is working to achieve are clearly described. Explaining how all pelvic structures have links with the rest of the body, the book concludes by demonstrating how the entire body is interconnected and elucidating the influence of stress and emotional issues in prostate dysfunction.

Book Information

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Customer Reviews

Great text and images. A must have for any physical therapist involved with treating patients with chronic pelvic pain syndrome.
This book is packed with a lot of information in a small space. It starts with a review section of the anatomy of the male lower pelvic region. Unfortunately the book appears to be a translation from French and comes along with European nomenclature & coloquielism that may make this a very tough read for an American. Text often references illustrations that are pages away, It took until half way through the book to even mention the physiology of the systems being discussed. The manipulations, when finally discussed are difficult to grasp, partially because of the unfamiliar European terms and partially because they simply are not complete in their descriptions. While the external manipulations seem to make sense, overall the book is hardly more than a motivation towards more in depth study.

excellent!

Oops... I should have read the title a little closer. I thought it was Manual: Therapy for the Prostate, but it truly is ‘manual therapy for the prostate.’ lots of pics of fingers up the bum in order to do... well, ‘manual therapy.’

I don't know, it's not what I expected from this book. Very short and ....I really don't know if I would bought this book in the future. from Tirana/AlbaniaThank you Faleminderit

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