Prostate Cancer Survivors Speak Their Minds: Advice On Options, Treatments, And Aftereffects

Prostate Cancer Survivors Speak Their Minds

- Arnold Palmer
- Ken Griffey Sr.
- Robin Cole
- Pat Robertson and more

Advice on Options, Treatments, and Aftereffects

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Foreword by Senator John Kerry

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Personal stories show men how to make the right decisions for themselves, with medical insights from a leading Johns Hopkins authority on prostate cancer. If you or someone you know has been diagnosed with prostate cancer, you want to know the facts about treatment options as well as what to expect through the process of treatment and recovery. Written by Dr. Arthur L. Burnett, II, one of the world's most distinguished authorities on prostate cancer and veteran CBS News journalist and prostate cancer survivor, Norman Morris, Prostate Cancer Survivors Speak Their Minds gives you the information you need through the experiences of men who have had prostate cancer. Dr. Burnett speaks openly and honestly about prostate cancer options, treatments, and aftereffects and shares stories of both well-known and ordinary prostate cancer survivors who offer their personal reflections on going through treatment and getting well. Includes personal stories from notable prostate cancer survivors such as Arnold Palmer, Ken Griffey Sr., Pat Robertson, and others. Takes an authoritative look at prostate cancer treatments, current and promising scientific breakthroughs, and life-altering side effects. Author Arthur Burnett, a leading prostate cancer expert, is the Patrick C. Walsh Professor of Urology, Cellular and Molecular Medicine at the Johns Hopkins's James Buchanan Brady Urological Institute and is renowned for his research studies that led to the formulation of Viagra. Offers solutions to common side effects such as sexual problems and incontinence. Combining the essential medical facts about prostate cancer with personal, intimate stories told by courageous men who have survived it, this book is an invaluable guide for men diagnosed with prostate cancer and those who care about them.

**Book Information**

Paperback: 256 pages  
Publisher: Wiley; 1 edition (March 1, 2010)  
Language: English  
ISBN-10: 0470578815  
Product Dimensions: 6.1 x 0.7 x 9.3 inches  
Shipping Weight: 12 ounces (View shipping rates and policies)  
Average Customer Review: 4.5 out of 5 stars See all reviews (8 customer reviews)  
Best Sellers Rank: #944,912 in Books (See Top 100 in Books)  
#83 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease  
#90 in Books > Health, Fitness & Dieting > Men's Health > Prostate Health  
#829 in Books > Health, Fitness & Dieting >
If you have prostate cancer, this book can add to your decision-making, but it should be read with some caution (despite the log-rolling reviews by eminent news guys). I don't doubt that Arthur Burnett is a skilled and compassionate surgeon, but it may be those very qualities that make this something of a distortion of treatment reality. Nearly all the examples of survivors "speaking their minds" have come through surgery (performed by Burnett) with flying colors--usually cured and with side effects not dampening their spirits. There is one example of a man whose surgery was botched--but Burnett didn't do it, and in fact rescued him with further treatment. Hmmm...It doesn't take much research to realize there are countless men whose lives have been devastated by the side effects prostatectomies--mostly incontinence and impotence, but other maladies as well. The feel-good stories in this book are only part of the story, and it seems shifty to present them as the typical outcome. Also, who are these survivors? Arnold Palmer? Ken Griffey? Pat Robertson? Rich guys who can afford any comfort to make their post-surgery miseries easier to bear. If you're not rich, and you can't fly to Johns Hopkins to get Burnett to perform your surgery, I suspect your reality could be much different than what's represented in this book. On the other hand, the book is to be commended highly for focusing on African-Americans and gay men with prostate cancer, the former because they are so highly at risk, and the latter because gays are invisible to most authors/doctors writing about prostate cancer.

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